

**Course Name:** Project Manager Professional Training Program

**Course Overview:** Project Manager Training Program is designed to equip learners with the necessary skills and knowledge to successfully manage projects from initiation to closure. This course will cover key areas such as project planning, execution, monitoring, and leadership. It includes a blend of theoretical concepts, practical applications, case studies, and real-world projects to ensure job readiness upon completion.

# **Course Duration:**

12 weeks (3 months)

6-8 hours/week (Lectures, practical sessions, case studies, and project work)



# **Syllabus**

# Module 1: Introduction to Project Management (Week 1)

- 1.1 What is Project Management?
- Definition and purpose of project management.
- The role of a Project Manager (PM) in organizations.
- Key concepts: Project scope, time, cost, and quality.
- 1.2 Project Management Life Cycle
- Phases of project management: Initiation, planning, execution, monitoring, and closure.
- Differences between projects and operations.
- Importance of aligning projects with business goals.
- 1.3 Project Manager's Responsibilities and Skills
- Key responsibilities of a PM.
- Essential skills: Leadership, communication, problem-solving, and time management.
- Understanding the challenges of managing projects in various industries.

# Module 2: Project Initiation (Week 2)

- 2.1 Defining a Project
- Identifying project goals, objectives, and deliverables.
- Creating a project charter.
- Engaging stakeholders in the initiation phase.
- 2.2 Identifying Stakeholders
- Understanding stakeholder roles and expectations.
- Techniques for stakeholder identification and analysis (RACI Matrix, stakeholder mapping).
- Engaging stakeholders early and managing relationships.
- 2.3 Project Feasibility and Risk Assessment
- Conducting a feasibility study.



- Performing a SWOT analysis (Strengths, Weaknesses, Opportunities, Threats).
- Identifying potential risks and defining risk management strategies.

### Module 3: Project Planning and Scheduling (Week 3-4)

- 3.1 Defining the Project Scope
- Writing a clear and concise project scope statement.
- Creating the Work Breakdown Structure (WBS).
- Using project scope to guide the project team and prevent scope creep.
- 3.2 Developing a Project Schedule
- Breaking down activities and milestones using the WBS.
- Estimating time and resources for tasks.
- Techniques for scheduling: Gantt charts, Critical Path Method (CPM), Program Evaluation Review Technique (PERT).
- 3.3 Resource Planning and Budgeting
- Allocating resources: human, financial, and material.
- Creating a project budget and cost baseline.
- Managing resource constraints and optimizing resource allocation.
- 3.4 Case Study: Creating a Project Plan
- Developing a comprehensive project plan for a sample project.
- Presenting the plan to stakeholders and obtaining approval.

### Module 4: Risk Management (Week 5)

- 4.1 Identifying Project Risks
- Types of project risks: technical, financial, operational, and external.
- Techniques for risk identification: Brainstorming, Delphi technique, checklists.
- 4.2 Risk Assessment and Prioritization
- Risk assessment matrices: Probability vs. impact.
- Risk prioritization techniques (e.g., quantitative vs. qualitative analysis).



- Establishing risk tolerance levels with stakeholders.
- 4.3 Mitigation Strategies and Contingency Planning
- Developing risk mitigation strategies.
- Creating contingency and fallback plans.
- Monitoring risks throughout the project lifecycle.
- 4.4 Risk Management Case Study
- Applying risk management techniques to a real-world project scenario.

# **Module 5: Project Execution (Week 6-7)**

- 5.1 Leading and Managing the Project Team
- Forming and developing project teams.
- Leadership styles and their impact on team performance.
- Conflict resolution and team motivation techniques.
- 5.2 Managing Project Communication
- Creating a communication plan.
- Tools for communication: email, meetings, reports, collaboration software (e.g., Slack, MS Teams).
- Ensuring effective communication with stakeholders.
- 5.3 Project Procurement Management
- Understanding procurement processes.
- Managing contracts and vendor relationships.
- Monitoring procurement activities to ensure timely delivery of resources.
- 5.4 Case Study: Project Execution Challenges
- Solving real-world project execution problems.
- Adjusting project plans based on execution-phase issues.

# **Module 6: Monitoring and Controlling Projects (Week 8)**

6.1 Tracking Project Performance



- Key performance indicators (KPIs) for project tracking.
- Tools for monitoring project performance (e.g., Earned Value Management (EVM), dashboards).
- Comparing actual performance against the project baseline.
- 6.2 Change Control and Scope Management
- Managing change requests and assessing their impact.
- Implementing a formal change control process.
- Techniques to prevent and control scope creep.
- 6.3 Quality Assurance and Control
- Establishing quality standards and performance metrics.
- Using tools like Six Sigma, Lean, and Total Quality Management (TQM).
- Conducting quality audits and inspections.
- 6.4 Case Study: Managing Changes and Controlling Scope
- Applying change control processes to a project and evaluating scope adjustments.

### Module 7: Agile Project Management (Week 9)

- 7.1 Introduction to Agile Methodology
- Understanding Agile principles and values.
- Key differences between Agile and Waterfall project management.
- 7.2 Agile Frameworks and Practices
- Overview of Scrum, Kanban, and Lean.
- The role of a Project Manager in Agile environments.
- Agile ceremonies: Daily standups, sprint planning, sprint reviews, and retrospectives.
- 7.3 Agile Tools and Techniques
- Managing product backlogs, user stories, and sprints.
- Using Agile tools like JIRA, Trello, and Asana.
- Managing Agile teams and ensuring adaptability.



# 7.4 Agile Case Study: Managing an Agile Project

- Implementing Agile techniques to manage a dynamic project.
- Solving issues arising from changing requirements and priorities.

# Module 8: Leadership and Team Management (Week 10)

### 8.1 Leadership in Project Management

- Theories of leadership (transformational, transactional, servant leadership).
- Adapting leadership styles to project situations.
- Empowering and motivating teams for better performance.

# 8.2 Conflict Management and Negotiation

- Identifying the sources of conflict in teams.
- Techniques for managing conflict: Negotiation, mediation, compromise.
- Negotiation strategies with stakeholders and vendors.

# 8.3 Stakeholder Management and Engagement

- Building strong relationships with stakeholders.
- Techniques for managing difficult stakeholders.
- Ensuring consistent stakeholder engagement and satisfaction.

# Module 9: Project Closure and Lessons Learned (Week 11)

# 9.1 Closing Out a Project

- Formal project closure process.
- Conducting final project reviews and assessments.
- Documenting lessons learned and project successes.

### 9.2 Handing Over Deliverables

- Ensuring project deliverables meet agreed-upon standards.
- Transitioning deliverables to the operations team or end-users.
- Obtaining final stakeholder sign-off.



# 9.3 Post-Project Evaluation

- Conducting post-mortem analysis.
- Identifying opportunities for process improvement.
- Preparing for future projects by learning from past challenges.

### Module 10: Capstone Project and Job Preparation (Week 12)

- 10.1 Capstone Project: Managing an End-to-End Project
- Managing a simulated or real-world project from initiation to closure.
- Applying project management tools and techniques learned throughout the course.
- Presenting the project to peers and stakeholders for feedback.
- 10.2 Resume Writing and Interview Preparation
- Crafting a project manager resume tailored to job roles.
- Preparing for project management interview questions (behavioral and technical).
- Mock interviews focusing on leadership, decision-making, and problem-solving skills.

#### **Tools & Platforms Covered:**

- Project Management Tools: Microsoft Project, Asana, Trello, JIRA.
- Collaboration Tools: Slack, Microsoft Teams, Zoom, Confluence.
- Risk Management Tools: Risk registers, heat maps, SWOT analysis tools.
- Scheduling and Planning Tools: Gantt charts, CPM, PERT.

### **Assessment & Certification:**

- Weekly quizzes, practical assignments, and case studies.
- Final capstone project evaluation.
- Certification of completion after passing all modules and the capstone project.

#### Outcome:

By the end of the course, learners will be able to:

- Plan, execute, monitor, and close projects effectively using best practices.



- Manage project scope, schedule, budget, and resources efficiently.
- Lead cross-functional teams and manage stakeholder expectations.
- Apply Agile methodologies to manage dynamic projects.
- Be job-ready for roles such as Project Manager, Program Manager, or Project Coordinator.

This comprehensive syllabus covers all aspects of project management, ensuring learners are equipped with the knowledge and skills necessary to successfully manage projects in any industry. With hands-on experience and practical application, learners will be well-prepared to take on project management roles in their careers.